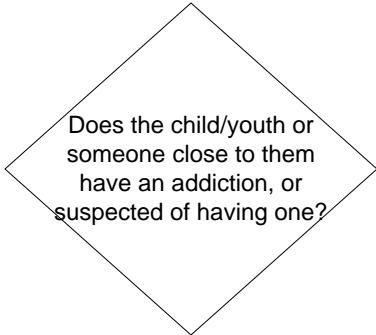


Addictions (either parent, family or child)

South Simcoe
(includes Alliston, Bradford and CFB Borden)



FIRST NATIONS, MÉTIS AND INUIT
Enaahutig Healing Lodge and Learning Centre

Mental Health and Addiction Service of Simcoe County
(South Simcoe Office, ages 12+)

Connex Ontario Health Services Information

Drug and Alcohol Helpline
1-800-565-8603

Ontario Problem Gambling Helpline
1-888-230-3505

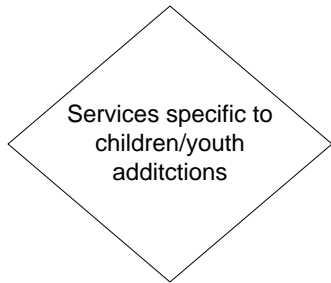
Centre for Addiction and Mental Health. Toronto
. Samuel McLaughlin Addiction and Mental Health Information Centre 1-800-463-6273

Simcoe Muskoka Regional Acute Mental Health and Addiction Service (Age 16+)

Royal Victoria Hospital Mental Health and Addiction Program, Addiction Services (Age 16+) Regular Intake

Mental Health Consumer Survivor Project for Simcoe County
(for addicts as well mentally ill, located in Collingwood, serves Simcoe County, age 16+)

Georgianwood Concurrent Disorders Program, Waypoint Centre for Mental Health Care
(16 and up, for people with both a substance use disorder and a serious mental illness, serves Simcoe County)

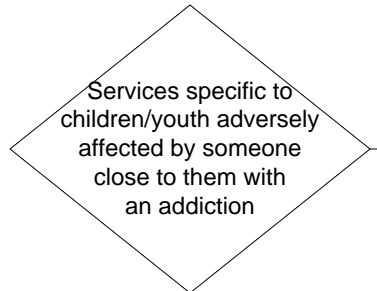


YMCA of Simcoe/Muskoka. Barrie, Youth Gambling Awareness Program (serves Simcoe County, Ages 8+)

Hospital For Sick Children (The) - Adolescence Substance Abuse Outreach Program (Ages 8-18)

Parent Action on Drugs (Toronto) – resource/educational material - PAD's mission is to address issues of substance use among youth through outreach, prevention, education, and parent support. PAD enhances the capacity of parents, youth and communities to promote an environment that encourages youth to make informed choices.

Need More Help? Dial 2-1-1 or go to www.InfoSimcoeCounty.ca for details on these services and programs



AI-Anon (Angus meetings)

AI—Anon (Bradford meetings)