

**Medical Concerns  
(to rule out any  
physical issues)**

**Orillia and Area  
(including Oro-Medonte,  
Ramara, Severn)**



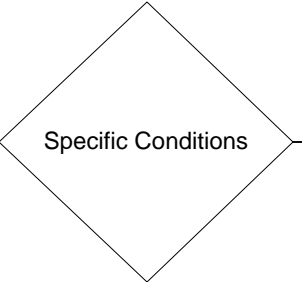
- Simcoe Muskoka Public Health Unit - Health Connection -**  
705-721-7520  
**Orillia Branch. Healthy Living Service**
- Telehealth**  
1-866-797-0000
- Ontario Poison Centre 24/7**  
1-800-268-9017



**Thephakz - Website for Teens**  
**Simcoe Muskoka Public Health Unit**  
[www.thephakz.ca](http://www.thephakz.ca)



- Simcoe Muskoka District Public Health Unit. Orillia Branch.**
  - Simcoe Muskoka District Public Health Unit Clinical Service, Oral Health Program (located in Barrie, serves Simcoe County)**
  - Simcoe Muskoka District Public Health Unit Clinical Service, Oral Health Program, Healthy Smiles, (serves Simcoe County)**
- NSM CCAC – health assessments/support**  
(also in schools with exercises, coaching on learning/studying, speech and language)
- FIRST NATIONS, MÉTIS AND INUIT**  
Chigamik community Health Centre
- Private Specialists including allergists, audiologists, chiropodists, dentists, ophthalmologists, optometrists, family health teams**  
(this link directs you to the infoSimcoeCounty.ca web site – search for keywords in ‘words anywhere’ and select relevant community)



- Specific conditions and diseases for specialized programs e.g. diabetes, heart**  
(this link directs you to the infoSimcoeCounty.ca web site – search for keywords in ‘words anywhere’ and select relevant community)
- Speech Clinic (The)** (serves Simcoe County)
- Support Groups (e.g. living with cancer)**  
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- CNIB. Orillia Service Day**
- CNIB. Barrie Office**
- Deaf Access Simcoe Muskoka**  
**General Support Services**
- Hospice Orillia**  
(support to individuals and families dealing with life threatening illness)

Need More Help? Dial 2-1-1  
or go to  
[www.InfoSimcoeCounty.ca](http://www.InfoSimcoeCounty.ca) for  
details on these services and  
programs