

Mental Health Concerns

South Simcoe
(includes Alliston, Bradford and CFB Borden)

Children appear to be experiencing social/emotional behavioural issues (may include symptoms of depression, severe anxiety, dramatic and inexplicable changes in eating/sleep habits; anger and aggression)

Need More Help? Dial 2-1-1 or go to www.InfoSimcoeCounty.ca for details on these services and programs

