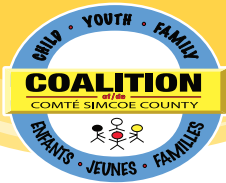


Kid's Help Phone # 1-800-668-6868 and  
Youth Mobile Crisis # 1-888-893-8333  
911 (Emergency situations – ambulance, fire, police)

Go to [www.simcoecountycoalition.ca](http://www.simcoecountycoalition.ca) and click "Need Help?" you will find these questions and the answers. The help you need is just a click away!



COMPASS  
(Community Partners with Schools)



## Need Help?

[www.simcoecountycoalition.ca](http://www.simcoecountycoalition.ca)

**Are you under 18 and need help? No matter what the topic we can show you how to get the help you need and fast! Here are some questions you may have (we can help with more! Including services in French):**

- Need Help right away?
  - Are you worried about your physical health?
  - Are you anxious, worried, depressed and/or angry all the time?
  - Do you have a developmental disability?
  - Do you need help in school?
  - Do you know someone suffering from loss?
- 
- Does someone close to you have a dependency on drugs or alcohol in their life?
  - Do you worry where you will eat your next meal or whether you have a place to sleep tonight, next week, next year?
  - Would you like to get involved in youth clubs, recreation etc?
  - Are you a teen parent who needs support?
  - Are you being bullied?
  - Are you going back into school after summer break or after being out of school for a while and feeling anxious, worried, alone?

**Let us help you at [www.simcoecountycoalition.ca](http://www.simcoecountycoalition.ca)**

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