

**NORTH SIMCOE MUSKOKA LHIN – CARE CONNECTIONS**  
**Mental Health and Addictions Child and Adolescent Steering Committee**  
**March 27, 2015 9:00 – 11:30am**

<b>Committee Chair</b> Carol Lambie	<b>System Coordinator</b> Susan Lalonde Rankin	<b>Project Support</b> Stacy McMillan
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**Meeting Attendees:**

Brenda Jackson	R	Marty Rutledge	R	Danielle Mink	R	Nadia Martins	P
Lesley Watts	R	Danette Blue	P	Karen Hirstwood	R	Crystal Bell	R
Celeste Lalonde	P	Elizabeth McKeeman	R	Deborah Woods	R	Gail Hamelin	P
Cindy Taylor	R	Sarah Barker	P – t/c	Pat Carney	R	Michelle McAdams	P
Christa Harvison	P	Marnie Lightfoot	R	Susan Lalonde Rankin	P	Cathy Thomson	P
Gisele Forest	R	Phil Hough	R	Eric Sutton	R		
Nancy Roxborough	P	Tracey Keighley Clarke	P	Stacy McMillan	P – t/c		
Leah Skorey	R	Ted Soucie	P	Carol Lambie	R		

Agenda Item	Discussion	Action Item
<b>1. Welcome &amp; Introductions</b>	<p>Susan Lalonde Rankin chaired today’s meeting in Carol’s absence. Susan welcomed everyone to the meeting and those joining by teleconference.</p> <p>Susan welcomed new member, Michelle McAdams from Muskoka Parry Sound Community Mental Health Services/CMHA Parry Sound, as well as Cathy Thomson who is attending today’s meeting for Nataile Riewe, who is the new committee representative from the Simcoe Muskoka District Health Unit (replacing Peggy Govers).</p>	
<b>2. Review of Agenda</b>	There were no additions to the agenda.	
<b>3. Review of Minutes February 27, 2015</b>	The minutes from the February 27, 2015 meeting were approved as presented.	
<b>4. Business Arising</b>	<p><b><u>RVH Child and Youth Regional Program</u></b></p> <p>Tracey Keighley Clarke attended today’s meeting to provide an update on the child and youth mental health program and adult inpatient mental health unit renovations.</p> <p>Tracey reviewed the progress to date and some of the key milestones for the project moving forward, including:</p> <ul style="list-style-type: none"> <li>• Recruitment of child psychiatrist still underway</li> <li>• Work around development of interim urgent care clinic continues with good progress</li> <li>• Pre capital submission form completed and will be sent to RVH’s Board of Directors for approval (March</li> </ul>	

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31st)

- NSM LHIN Board of Director approval (April 27<sup>th</sup>)
- MOHLTC review and approval (April)

Tracey reviewed the drawings for the new child and youth inpatient unit, which totals approximately 7800 sq. ft. and will include 8 inpatient beds and a day hospital program adjacent to the unit. The adult inpatient unit alterations total 4790 sq. ft. and will support the movement of the psychiatrists offices, allied health staff and adult day hospital.

Next steps include ongoing fundraising for the project through RVH's fundraising initiative "Hearts and Minds" campaign.

As part of the preparation for the hospital's pre-capital submission, Tracey presented the following motion for the committee's approval that will go forward to the RVH Board:

<b>MOVED BY</b>	<b>Gail Hamelin</b>
<b>SECONDED BY</b>	<b>Ted Soucie</b>

**WHEREAS** the North Simcoe Muskoka Local Health Integration Network (NSM LHIN) is the only LHIN in the province that does not have a specialized child and youth mental health inpatient program; and

**WHEREAS** in 2011 the RVH Operational Review identified the need for an inpatient child and youth mental health program to be led by Royal Victoria Regional Health Centre (RVH); and

**WHEREAS** in 2011 the NSM LHIN **Care Connections Child and Adolescent Project Steering Committee** (CA PSC) through an Expression of Interest process recommended that RVH become the site for a LHIN-wide Regional Child and Adolescent Mental Health and Addictions program; and

**WHEREAS** on November 18, 2011, the RVH Board of Directors directed the CEO to work with the NSM LHIN to further explore the establishment of a child and adolescent mental health program to support the NSM Region; and

**WHEREAS** the Board of Directors approved the RVH Strategic Plan *MY CARE* 2013-2020 on May 28, 2013 including implementation of a regional child and youth inpatient mental health program; and

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**WHEREAS** child and youth mental health was identified as a key clinical priority in the Board approved RVH 2007 Clinical Priorities document and the 2014 RVH Regional Clinical Plan 2014-2020; and

**WHEREAS** RVH remains committed to the development and implementation of a regional Child and Youth mental health program that has both inpatient, outpatient and day hospital capacity and will provide an inter-professional approach to assessment, stabilization and treatment for this underserved population; and

**WHEREAS** the Child and Adolescent Mental Health and Addictions Project Steering Committee received a presentation on the Pre-Capital Planning Submission for the Child and Youth Mental Health Program at RVH on March 27, 2015;

**BE IT RESOLVED THAT** the Child and Adolescent Mental Health and Addiction Project Steering Committee recommends to the LHIN Health System Improvement Committee it support the Pre-Capital Planning Submission for the Child and Youth Mental Health Program at RVH to the North Simcoe Muskoka Local Health Integration Network and Ministry of Health and Long-Term Care.

**Carried**

Tracey also reviewed the terms of reference for the Child and Youth Mental Health Interim Strategy Working Group. This group will involve community partners in the development of interim solutions for the management of children, youth and adolescents requiring hospitalization prior to the opening of the regional program at RVH and to help inform the development of the regional program. The Terms of Reference will be brought to the Mental Health and Addiction Coordinating Council for their information.

**MH First Aid Training for Adults Working With Youth**

Susan Lalonde Rankin provided an update on the mental health first aid training workshop that was recently held at RVH.

This project received some one time funding coming out of the Phase 2 investments to train facilitators to provide the training locally. This training will give people basic mental health information and tools. Each facilitator will be responsible for doing 3 training sessions.

There was a question at the last meeting around whether there were dollars to send someone to be trained in the

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youth version of this training. Unfortunately, this is not possible in this fiscal year. We will keep this on the radar for next year, as well as a facilitator training for FNMI.

**Presentation from Georgian College Mental Health Project**

At last meeting, it was mentioned that there is a project underway at Georgian College to design and implement a service with post secondary students with mental health and addiction problems. A representative from this group is scheduled to attend a future meeting to provide further information on this initiative (May or June).

**Child and Youth MHA Resource Booklet**

Susan Lalonde Rankin has compiled a resource booklet that outlines all the available community resources for child and youth mental health and addictions. This tool will help ensure that everyone has the same current, comprehensive list of services.

If there are any changes or additions, please let Susan know.

**Inpatient Resources for Child and Youth**

Susan Lalonde Rankin reviewed the summary of inpatient resources that are available within the province, as well as telepsychiatry resources that are available.

Susan will investigate if there is an opportunity to utilize this tool with 211 and NSM Healthline.

**5. New Business**

**Mental Health and Addiction Funding Announcement**

There was a formal announcement made on March 16<sup>th</sup> at CMHA in Barrie by the Ministry of Health and Long Term Care around the \$2 million in new funding received by the NSM LHIN to support local mental health and addictions organizations in providing high priority services such as youth addiction counselling, post-partum mood disorder, crisis and other services.

**Transition to Independence (TIP) Training Plans**

Celeste Lalonde provided a written update on the work that is happening around the Transition to Independence (TIP) training plans. Highlights include:

Date	What	Location	Contact
April 9 12:00pm-4:30pm	<b>Transforming Transitions from Youth to Adulthood</b> Audience: Service	London, Ontario 5 places left as of Mar 9 2015	<a href="mailto:service.collaboratives@camh.ca">service.collaboratives@camh.ca</a>  <a href="http://www.eventbrite.ca/e/transforming-transitions-from-youth-to-adulthood-">http://www.eventbrite.ca/e/transforming-transitions-from-youth-to-adulthood-</a>

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April 10 8:30am-3:30pm	collaborative members TIP and TRACK – YTP (Youth Transition Plan) Provincial Symposium on Transition Age Mental Health – London Health Sciences Centre	Sold out	<a href="http://www.eventbrite.ca/e/provincial-symposium-on-transition-age-mental-health-tickets-15283991831">london-tickets-15081838184</a> <a href="http://www.eventbrite.ca/e/provincial-symposium-on-transition-age-mental-health-tickets-15283991831">http://www.eventbrite.ca/e/provincial-symposium-on-transition-age-mental-health-tickets-15283991831</a>
April 28 & 29 June 2, 2015	<b>SPRING 2015 TIP TRAINING DATES</b>	Orillia St James Anglican Church	ashepherd@waypointcentre.ca
October 9, 16 and Nov 13* 2015	<b>FALL 2015 TIP Training dates</b>	Bracebridge * *To be approved by TAY SoS	
November 20, 27, 2015 and January 22 2016*	<b>WINTER 2015 TIP Training dates</b>	Collingwood* *To be approved by TAY SoS	
TBD	<b>SPRING 2016</b>	Penetanguishene *	

- Over 280 people who work with youth in Simcoe Muskoka are trained in the TIP Model
- There continues to be a waiting list and interest in half day refresher for trainings
- The NSM LHIN Care Connections, Child and Adolescent Mental Health Steering Committee has approved \$20 000 in one time funding for TIP re-certification costs to TAY SoS partner the Canadian Mental Health Association – Simcoe County Branch.
- Administrative support champions for training registrations are Ashley Shepherd of Waypoint and Elizabeth McKeeman of New Path.
- The TAY SoS will be recruiting 2 new site based trainers to meet our Francophone and First Nation, Inuit and Métis population needs. A letter to partners has been circulated and applications are due contact ruthcameron@waypointcentre.ca for more information.
- A meeting with Joseph Solomita will take place between Coordinating Group and CMHA to discuss training options
- SBT will be provided with some training by CAMH on the Evaluation Framework for DAY 1 and DAY 3 of Training
- SBT Evaluation forms from training dates have been positive, SBT are using these to improve delivery and to work out the best way to deliver the training
- Important to have a Francophone representative if there are Francophone at the training
- The training registration form now includes portions in French as suggested by Francophone community

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representatives

The TIP Model Community of Practice (CoP) meets quarterly:

- Provides a space to support cross sector implementation within the Transition Age Youth system and to improve skill and knowledge in using the TIP Model
- Open to anyone trained in the TIP Model in Simcoe Muskoka
- Link to as many as 4 OTN video conference sites across Simcoe Muskoka
- Trish Harrison (Catulpa) and Jenny Wylie (CMHA) are the creative and supportive co-chairs facilitating this group.
- In need of a Muskoka Representative to support coordination of OTN site for Muskoka Partners.

**Dual Diagnosis – Terms of Reference**

Susan Lalonde Rankin provided an overview of the terms of reference for the Child and Youth Dual Diagnosis Working Group. There were no changes recommended.

<b>MOVED BY</b>	<b>Nancy Roxborough</b>
<b>SECONDED BY</b>	<b>Ted Soucie</b>
<b>THAT</b> the terms of reference for the Child and Youth Dual Diagnosis Working Group be approved as presented.	
	<b>Carried</b>

**Child and Adolescent SC Work plan Review**

Susan Lalonde Rankin review the Child and Adolescent Steering Committee work plan.

As part of the LHIN’s annual business plan process, steering committee were asked by the LHIN to refocus their activities/projects/initiatives on fewer priorities for the next three years and to only keep those priorities on the list that aligned with the four recommended priorities:

- Implement a strategy to enhance MHA services for the child (0-5) including wellness promotion, early intervention, screening, assessment and intervention in collaboration with other partners.
- Build capacity for child and youth MHA services including services for Transition Aged Youth (14-29 years of age)

	<ul style="list-style-type: none"> <li>• Enable the development of a continuum of integrated services for children and youth with Dual Diagnosis</li> <li>• Support the development of a Regional Inpatient Acute Care Program for under 18</li> </ul> <p>The highlighted boxes on the work plan document are recommended to be removed from the work plan because the work is either completed or not aligned with the priorities for 2015-18.</p> <p>There were some recommendations made to the workplan document. Susan will update the document and bring back to the Steering Committee for a final review.</p>
<p>6. Updates</p>	<p><b><u>System of Care for Transition Age Youth</u></b> Update deferred to the next meeting.</p> <p><b><u>Complex Needs</u></b> Update deferred to the next meeting.</p> <p><b><u>School Leads</u></b> Nadia Martins provided a brief update from the Conseil scolaire de district catholique Centre-Sud:</p> <ul style="list-style-type: none"> <li>- Entite 4 doing some training - learning more about francophone clients and how to offer a client centered approach to respond to their needs. Nadia will circulate the flyer.</li> </ul> <p><b><u>Simcoe Child Youth and Family Coalition</u></b> No update at this time.</p> <p><b><u>MCYS Update:</u></b> Danette Blue provided an update from MCYS. Highlights include:</p> <ul style="list-style-type: none"> <li>- On March 9, the Ministry of Child and Youth announced the second phase of Moving on Mental Health and outlined the process to identify a lead agency in those areas where it had not yet occurred.</li> <li>- Organizations had until March 19, 2015 to submit an expression of interest to become the lead agency. Multiple applications have been submitted for both Simcoe and Muskoka. There is a provincial steering committee whose task it is to select the lead agency. The Steering Committee may wish to consult with local contacts for advice.</li> <li>- The MCYS local office is tasked with submitting a list of local contacts to the Provincial Steering Committee – the list includes contacts at the LHIN, coalitions etc.</li> <li>- More details on the process and Service Framework can be found at the website <a href="http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/mentalhealth/moving-on-mental-health.aspx">http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/mentalhealth/moving-on-mental-health.aspx</a></li> </ul>

	<p><b><u>Mental Health and Addiction Nurses in Schools</u></b> Christa Harvison provided an update</p> <ul style="list-style-type: none"> <li>- Simcoe County nurse has seen 174 kids so far this year</li> <li>- A number of referrals received from RVH and Southlake</li> </ul> <p><b><u>Child and Youth Access Barrie</u></b> Update deferred to the next meeting.</p> <p><b><u>CARE CONNECTIONS COMMITTEES</u></b></p> <p><b><u>Maternal Newborn Child and Youth Coordinating Council</u></b> No update at this time.</p> <p><b><u>MH&amp;A Coordinating Council</u></b> No update at this time.</p> <p><b><u>Crisis Management and Community Resources Steering Committee – Susan</u></b> Susan Lalonde Rankin provided an update from this Committee. Highlights include:</p> <ul style="list-style-type: none"> <li>- Expansion of walk in clinics in NSM LHIN – Catholic Family Services is moving quickly to get new clinics up and running. New clinics should be up and running before end of June 2015</li> </ul>	
<b>7. Correspondence and Reports</b>	<ol style="list-style-type: none"> <li>1. Expanding Horizons for the Early Years Infant Mental Health Promotion Conference April 21, 22 2015</li> <li>2. International Conference on Youth Mental Health Oct 8-10 Montreal – Call for Abstracts</li> </ol>	
<b>8. Next Meeting</b>	The next meeting is April 24, 2015 at 9:00am at Waypoint Centre for Mental Health Care.	
<b>9. Adjournment</b>	The meeting was adjourned by the chair at 11:30pm.	

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