

Simcoe/ Muskoka Transition Age Youth System of Supports Partnership

**Presentation to the CYFS Coalition of Simcoe
County - Planning Table**

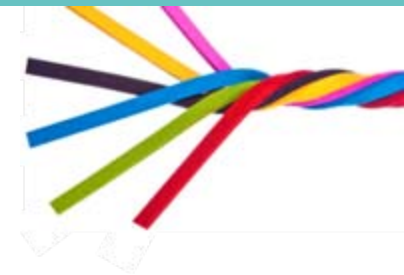
12NOV2013

Kathy Simpson, CAMH

**Ruth Cameron, Waypoint Centre for Mental
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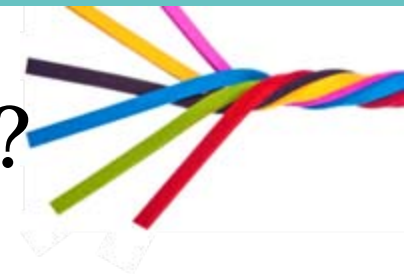
Purpose



To provide brief overview of:

- Why the focus on Transition Age Youth (TAY)
- Simcoe/Muskoka Service Collaborative
- Transition to Independence Process (TIP) Model
- Simcoe/Muskoka TAY System of Supports Partnership
- To request that the CYFS Coalition of Simcoe County incorporate the Simcoe Muskoka TAY System of Supports Partnership into its processes and structures

Who are Transition Age Youth (TAY)?



- Youth between the ages of 14-25 years old :
transitioning from adolescence to adulthood
- In 2011, there were 65,355 youth living in Simcoe
County and Muskoka between the ages of 15 and
24*
 - 13.7% of the total population served by the NSM
LHIN are transition age youth*
- TAY under the age of 18 are often too old to be
considered for child services but too young for adult
services

Why focus on TAY?



- Time of significant changes in social, emotional, physical and cognitive domains
- Steep rise in the emergence of mental health issues
- Substance misuse often complicates mental health issues
- TAY have unique needs that are often not met by existing services and resources
- Intervening more effectively with TAY will make a significant difference in their life chances across multiple developmental domains (e.g., education opportunities, employment & career, living situation, community life functioning)
- Barriers to accessing support that can not be addressed by a single agency and require collective action

Cost of Inaction:

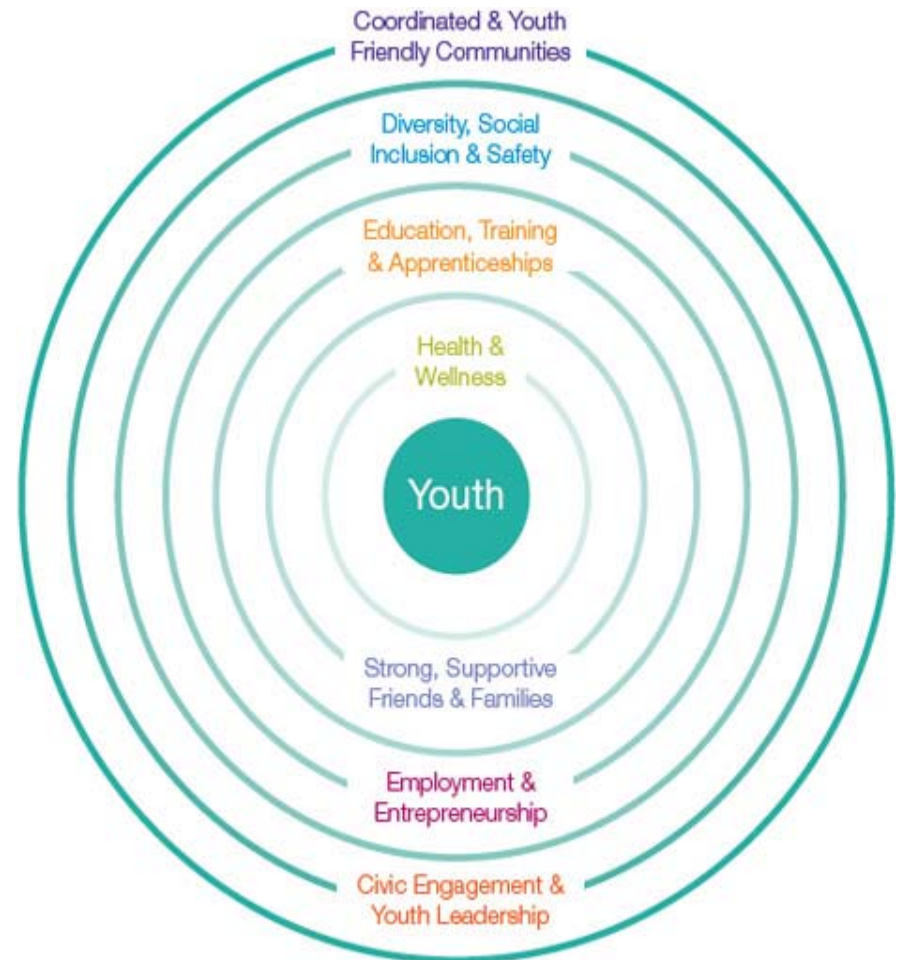
Connected by 25 (US)



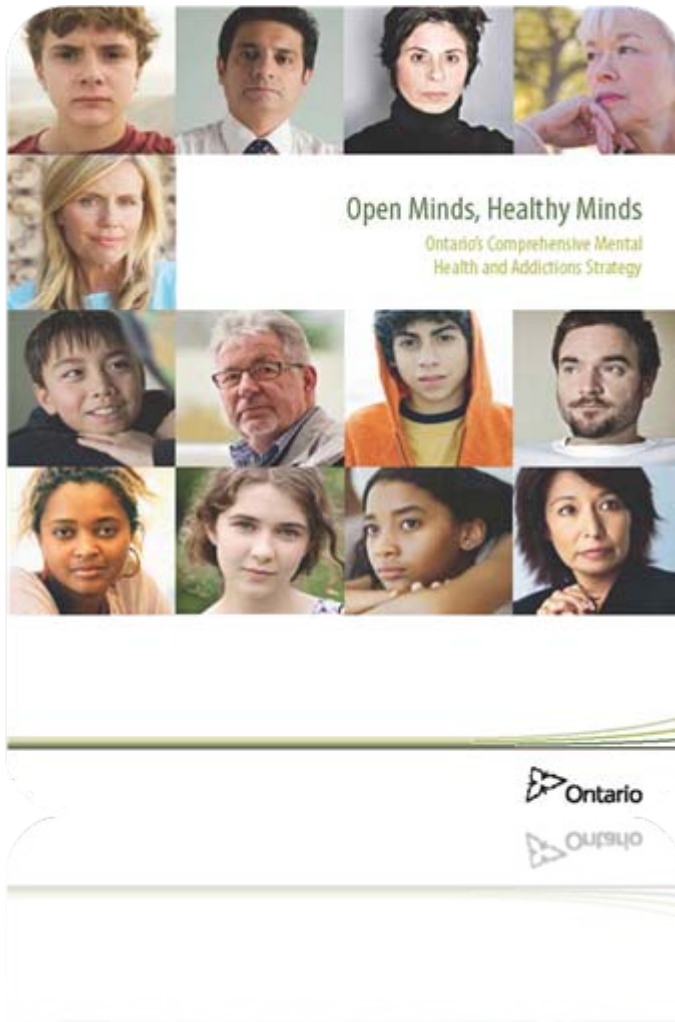
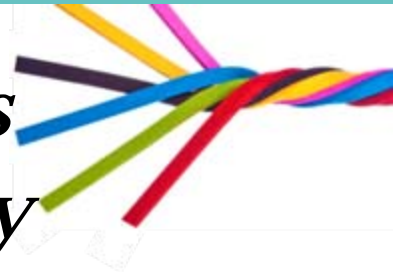
- As many as 5.4 million youth (1 in 5) lose their connection to school, work and family at some point between the ages of 14 and 25
- These youth become ‘disconnected’ and more vulnerable to social and economic problems (poverty, drug abuse and crime) that can derail their transition to successful adulthood
- For society, lost of connection translates to:
 - Billions of dollars in lost earnings and tax revenue
 - Increased burden on welfare programs
 - Loss of a significant segment of the population in civic life
 - A new generation of children born to young parents whose ability to provide for them financially will be severely compromised

Stepping Up: A Strategic Framework to help Ontario's Youth Succeed

- Released by Government of Ontario (MCYS) in March 2013
- Strategic framework that outlines a common vision, guiding principles, and priority outcomes developed to guide work in support of Ontario's youth.
- Focused on improvement outcomes for youth across the following areas:



Open Minds, Healthy Minds: Ontario's Mental Health and Addictions Strategy



- Begins with a three-year-plan that focuses on children and youth
- Focus on improving access to services for youth, particularly those at key transition points and in remote communities

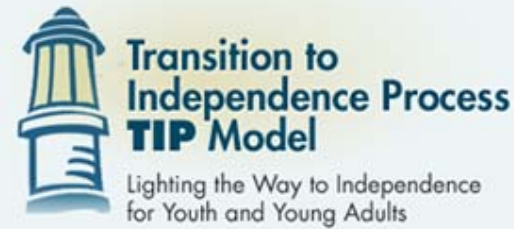
Simcoe/Muskoka Service Collaborative



- Part of the System Improvement through Service Collaborative (SISC) initiative in *Open Minds, Healthy Minds* sponsored by CAMH
- Decided to focus on improving outcomes for TAY by developing an integrated system of care for TAY across all sectors, including:
 - Implementation of the Transition to Independence Process (TIP) Model
 - Strengthening youth and family engagement at the agency and system levels

What is TIP Model?

- Community-based and evidence-supported model designed for TAY with emotional/behavioral difficulties
- Common framework/language for direct service providers working with youth across sectors that builds on the existing skills, roles, and initiatives within the community
- Provides access to developmentally appropriate, culturally sensitive, and appealing services/supports





Transition Domains

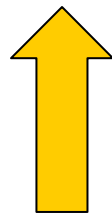


- Supports TAY in their transition to successful adulthood
- Gives service providers the tools to provide support across developmental (or *transition*) domains : school, employment, housing, community life, relationships, personal well-being.

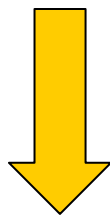
Evidence-Supported Model



- Developed by Dr. Hewitt ‘Rusty’ Clark (South Florida)
- 6 published studies demonstrate the following positive real-life outcomes:

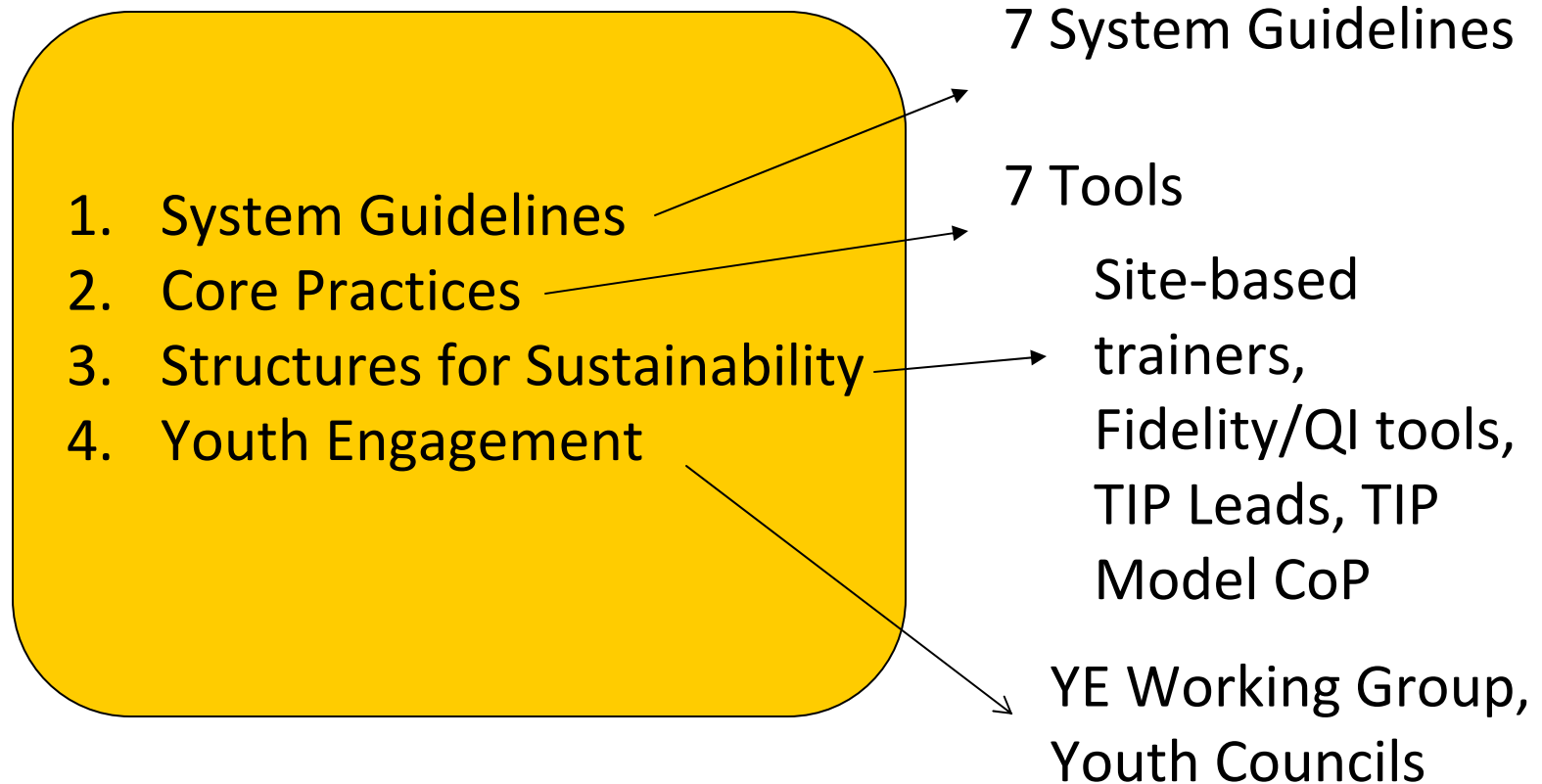


employment rates, high school graduation,
system cost savings



substance misuse, involvement in
corrections, homelessness, use of
intensive mental health services

Critical Components of the TIP Model



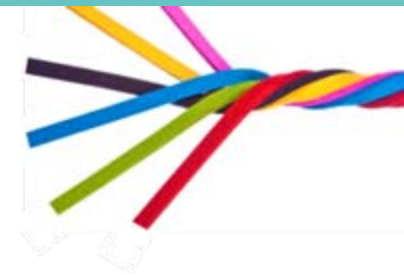
TIP Model Guidelines*



1. Engage young people through relationship development, person-centered planning, and a focus on their futures.
2. Tailor services and supports to be accessible, coordinated, linguistically and culturally sensitive, appealing, non-stigmatizing, and developmentally-appropriate - and building on strengths to enable the young people to pursue their goals across relevant transition domains.
3. Acknowledge and develop personal choice and social responsibility with young people.
4. Ensure a safety-net of support by involving a young person's parents, family members, and other informal and formal key players.
5. Enhance young persons' competencies to assist them in achieving greater self-sufficiency and confidence.
6. Maintain an outcome focus in the TAY system at the young person, program, and community levels.
7. Involve young people, parents, and other community partners in the TAY system at the practice, program, and community levels.

*Reprinted from www.tipstars.org

TIP Model Training



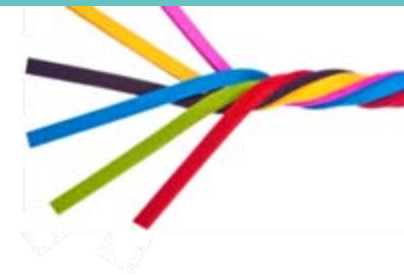
- 9 agencies in Simcoe County trained and implementing the TIP Model
- 12 new agencies from Simcoe and Muskoka took part in training in October (Part 1) and will take part in Part 2 in December
- Future training opportunities

Transition from Service Collaborative to TAY SoS Partnership



- The Simcoe/Muskoka Service Collaborative is now moving forward to establish structures and processes that will support the transition to the Simcoe/Muskoka TAY System of Supports Partnership
- The Partnership will be officially launched in late 2013/early 2014

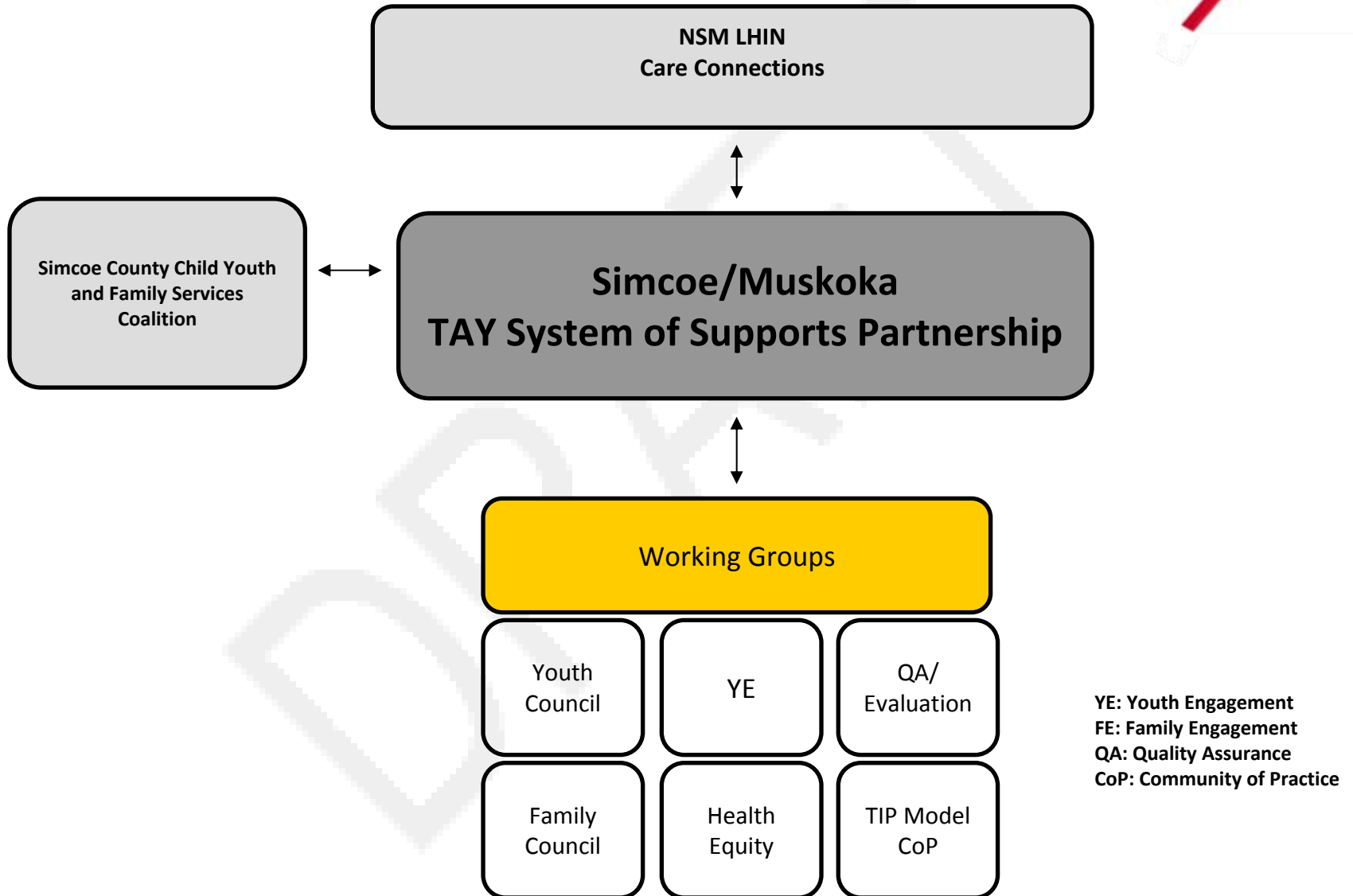
What is the TAY System of Supports (SoS) Partnership?



- Ongoing, community-led initiative in Simcoe/Muskoka
- Will support the development of a comprehensive and integrated system of supports for TAY that builds on existing community resources
- Cross-sectoral: health, education, employment, social supports

Designed to give youth in Simcoe/Muskoka the best possible transition to a successful adulthood.

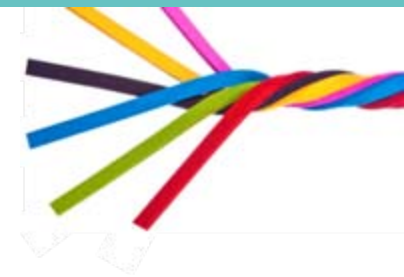
DRAFT Reporting Structure



TAY SoS Partnership Steering Committee



- The membership of the TAY SoS Partnership Steering Committee will consist of a cross-sectoral representation of agencies working with TAY across Simcoe/Muskoka
- Co-chairs will ensure stability and continuity
- Working groups will report up to Steering Committee and support the development of the system of care for TAY



VISION:

TAY will receive services that are inclusive of all in preparing and facilitating them in their movement toward greater self-sufficiency and successful achievement of their goals related to relevant transition domains

GOAL:

TAY will have the opportunities and resources they need to grow into responsible, contributing adults.

MANDATE:

To plan, implement, monitor and evaluate a Simcoe/Muskoka System of Supports for Transition Age Youth.



What are the objectives of the TAY SoS Partnership?



1. Engage in collaborative community planning that promotes implementation of the TIP Model across all sectors
2. Establish and support (or direct, as required) effective structures required to implement the TAY Partnership Vision including on-going Working Groups i.e. Health Equity, Youth and Family Engagement CoP, TIP Model CoP, Quality Assurance/Evaluation, Youth and Family Councils.
3. Build effective partnerships with young people, and their families/support networks, to promote implementation of the TAY Partnership Vision.
4. Receive, review and advise on impacts of system initiatives, provincial legislation, regulation and available data as it relates to the TAY Partnership Vision.
5. Act as a common voice for TAY Service Providers in Simcoe/Muskoka.
6. Advocate for TAY Service Providers in Simcoe/Muskoka.
7. Actively support youth engagement at all levels of the TAY system of supports.
8. Evaluate and monitor the TAY System of Supports including implementation and fidelity of TIP Model.

What are the anticipated benefits of the TAY SoS Partnership?



Transition Age Youth	<ul style="list-style-type: none">• Engage youth in their own futures planning process• Provide youth with developmentally appropriate, non-stigmatizing, linguistically and culturally sensitive, and appealing services and supports• Involve youth, families and other informal key players in a process that prepares and facilitates youth in their positive movement to adulthood• Involve youth and families as key partners in planning, service delivery and evaluation
Service Providers	<ul style="list-style-type: none">• Improve collaboration with other TAY serving services• Increase direct service providers' sense of competency and value of using TIP Model.
Partnership	<ul style="list-style-type: none">• Have a common vision, common guidelines, common tools, and a common language for working with youth• Have an emphasis on collaborative processes and application of best available practices in service planning and delivery

Next Steps...



- Develop a work plan to support the transition from the Service Collaborative to the TAY SoS Partnership
- Invite new members to join the TAY SoS Partnership to ensure a broad range of community perspectives
- Continue to find new ways to integrate with existing community resources and structures to promote long-term sustainability

Today's Request...



That the CYFS Coalition of Simcoe County incorporate the Simcoe Muskoka TAY System of Supports Partnership into its processes and structures.